

# Teaching, Learning, Training activities

## 4th meeting - Ka2

### FRANCE



Monday (01/04/2019)	Tuesday (02/04/2019)	Wednesday (03/04/2019)	Thursday (04/04/2019)	Friday (05/04/2019)
<p>8:00 Welcome at school <b>ROOM 422</b> 8:30 – 10:15 Presentation of our own towns, regions and schools</p> <p>Presentations *Poland : How has sports and the view of human body changed over time *Romania :Olympism history *Italy: Olympic Champion interview.</p> <p>10:30 Group picture and departure for the Townhall (on foot)</p> <p>11:00 : Welcome at the Townhall Coming back to school by walking</p>	<p>8:00 departure to Paris Bus</p> <p>10:00 Science Museum Exhibition “The body and sport”</p>	<p><b>ROOM 422</b> 8:00 Workshop: Integrating as many sporting activities as possible in a single day (which can be daily activities). (List of Training Applications on Smartphones)</p> <p>Presentation : Sportswomen (2 per country) Visit of the exhibition at the library.</p> <p>(Visit of the old castle – on foot - if we have enough time)</p>	<p>8:00 departure to Reims Bus</p> <p>Group divided in 4 little groups</p> <p>9:00 / 10:30 / 12:00 Visit of the cryotherapy center one by one (group) 45 min</p> <p>Visit of the University of Sport and Physical Education two groups together (1h30)</p> <p>12:00 departure</p>	<p>8:00 -12:00 : physical activity : Individual assessment of fitness levels</p>
12:00 Lunch at the canteen for teachers and students	11:30 Picnic time at the museum	12:00 : Lunch at the canteen for teachers and students	Picnic time	Lunch at the canteen for teachers and students
<p>1:00pm :Working time for teachers</p> <p><b>ROOM 228</b> 2:00 pm Presentation : France : sciences in high-level sports + nutrition specialist ( former student) + doctor from a Sport-Health organisation</p> <p><b>Just for our Erasmus guests</b> 3:30pm : departure (on foot) 4:00pm : Visit of a Champagne House 5:30pm : Come back to school (on foot)</p>	<p>12:00 Visit of Paris by bus</p> <p>Stop at Trocadéro square Walking down to the Eiffel tower</p> <p>2:30pm: mini-cruise on the Seine with comments on famous monuments of Paris (1hour)</p> <p>4:00pm departure 6:00pm arrival at school</p>	<p>1:00 pm departure by bus</p> <p>1:45 pm Sport Center Sport activities 1:45 pm Zumba (45 min) 2:30 pm Bodycombat (45 min)</p> <p>3:15 pm FREE TIME We leave the students in front of the sports center.</p> <p>3:30 pm Working time for teachers at school</p>	<p>1:30 - 3:00pm Guided visit of the cathedral 2 groups</p> <p>3:30 - 5:00 pm physical activity : ice skating rink</p>	<p>2:00 pm Bus 2:15 - 3:45 pm Guided visit of the american monument and its museum 1st group 2:15 to 3:00pm 2nd group 3:00 to 3:45pm</p> <p>4:00 pm come back to school (bus) Free time</p> <p>7:00pm aperitif buffet (French food and some international food courtesy of our partners) Farewell with families</p>

working time    physical activity